

# **Does Your Child or Teen Have Unusual Thoughts or Suspiciousness or Hear or See Unusual Things?**

**Is your child aged 13 - 25?**

If so, they may be eligible for family-focused treatment at UCSD as part of a study to learn more about early interventions for youth at risk for psychosis

Commitment involves:

- **6 months of therapy**, including help for youth & parents in learning about thinking problems, stress management & coping strategies
- Families will be randomly assigned to either family-focused therapy or a combination of family education plus monthly youth sessions
- Full youth diagnostic evaluation with feedback
- Follow-up wellness/research check-ups for 18 months

Therapy is provided at no cost. Eligible families will receive monetary compensation for their research intake and check-ups evaluations.

UCSD Cognitive Assessment and Research Evaluation (CARE) Program

**(619) 543-7745**

CARE Research Program

**(619)543-7303**

All calls are confidential. Calling to inquire about the study does not obligate you to participate.

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The UCSD Department of Psychiatry

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